Circle of Security

Circle of Security is a relationship based 8 week parenting education program, integrating over 50 years of early childhood research, which can help you as a parent to:

- Understand your child’s emotional world—learn to read the emotional need that lies beneath your child’s behavior
- Support your child’s ability to manage their own emotions and improve their confidence and self esteem
- Strengthen your skills in observing and connecting with your child and learn effective ways to respond to their emotions and behaviour.

This program is available to any parent with children 0 to 5 years of age and a DVD will be used throughout the program.

Term 2
Date: Wednesday 30th April
7th, 14th, 21st, 28th May
4th, 11th, 18th June

Venue: Park House, 13 Elizabeth St, Liverpool (corner Bigge & Elizabeth St)
Time: 6.30-8.30pm
Cost: Gold coin donation, light supper included
Parking: Onsite parking as well as at Westfield (5 minute walk)
Child care: Not available
Contact: Julie-Anne Murphy 9616 4229
julie-anne.murphy@sswahs.nsw.gov.au
Register early as places are limited